

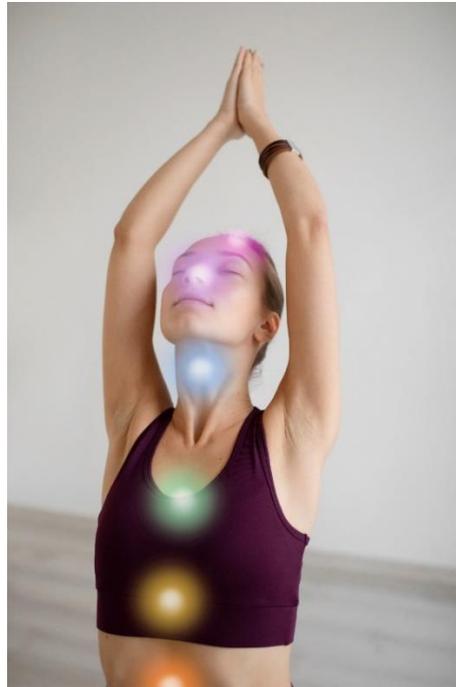
MASTERING THE ART OF CHAKRA CONTROL

A Step-by-Step Guide to Purging,
Closing, and Sealing Your Chakras

Anthony Langmartey

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By

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Otherwise noted, all Scripture quotations were taken from the New King James Version.

Dedication

I dedicate this book to you, my cherished reader, for your keenness in finding complete freedom from Satan and his agents.

Acknowledgments

I thank the Holy Spirit of God Almighty for granting me a deep knowledge of purging, closing, and sealing the Chakras of the human body. I also want to thank my client, Marie Desir, for encouraging me to put my insights and experiences about chakras into words to share with millions worldwide and for sharing her own experiences with me.

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Introduction

In a world where holistic well-being is increasingly sought after, “Purging, Closing, and Sealing Your Chakras” stands as a comprehensive guide dedicated to enhancing personal and spiritual balance, protection, and spiritual growth.

Purging, closing, and sealing your chakras is an important practice in maintaining energetic balance and well-being.

By purging negative or stagnant energies and closing off your energy centers, you can protect yourself from external influences, evil spirits, and demons and enhance your overall spiritual health.

Whether your chakras or body gateways have been opened to demons or have become imbalanced, this book will provide you with step-by-step instructions on how to effectively purge, close, and seal your chakras (body doors or gateways).

With a focus on practicality and accessibility, this book is designed to empower you no matter your level of experience to embark on a transformative journey of deliverance. The book’s overarching goal is to provide you with the tools and knowledge you need to:

- **Understand the Significance of Chakras**

Through clear explanations, you will grasp the foundational concepts of energy centers and recognize their crucial role in physical vitality, emotional equilibrium, and spiritual evolution.

- **Recognize and Purge Negative Energies**

You’ll learn how to identify and address negative energies that can attach to chakras, hindering personal and spiritual growth and well-being. Various methods and techniques are presented to help you cleanse your chakras and release stagnant energy that may be obstructing your progress.

- **Achieve Balance and Alignment**

We will explore the art of achieving harmonious balance and alignment within chakras. You’ll discover practical strategies to restore equilibrium, promoting overall wellness and emotional stability.

- **Master the Art of Closing and Sealing**

We'll delve into the practice of closing chakras for protection and preservation. You'll get detailed step-by-step instructions to guide you through the process of consciously closing each chakra while maintaining an essential connection to energy flow.

- **Expand Your Spiritual Journey**

If you are eager to explore further, advanced chakra practices are introduced, providing a path to deeper spiritual understanding, deliverance, and growth.

Through a blend of insightful explanations, practical exercises, and real-life examples, **“Mastering the Art of Chakra Control”** offers you a comprehensive roadmap to holistic transformation and freedom from evil spirits. Whether you are a victim of demons, have imbalanced chakras, or are experienced in the world of energy work, this book aims to foster a sense of empowerment, helping you tap into your inner potential, achieve energetic harmony, and forge a profound connection with your true self.

If you are looking for a way to close your opened chakras (body doors or gateways), you have your hands on the right book. In this book, I'll share how you can purge, close, and seal your chakras so that demons cannot get in again. And you too can once in your entire life achieve freedom and enjoy life to its fullness.

It's not by accident or mishap that you are reading this book. It is because God loves you and wants you to get total freedom. God cares about your suffering and he has plans to set you free.

Getting your hands on this book is the will of God and it is part of God's plan for your deliverance, healing, recovery, and freedom.

So, if you're ready to take your deliverance journey or balance your chakras to the next level, let's dive in!

CHAPTER 1

Are Chakras of the Devil or God?

Objective:

- Understanding the true meaning of Chakras.
- Debunking the myth that Chakras are of the Devil.

Some people are curious as to if chakras are of the Devil or God. Some also assume that chakras are demonic because Hindus (idolaters) are commonly known to be the build-up of the subject matter.

I know that Satan always likes to counterfeit our creator, Yahveh (*Yahveh [YHVH] is the true Hebrew name of God,*) but one thing I know is that all truth comes from Yahveh. Though Satan is known to be the father of lies, he knows the truth as well. Sometimes, Satan speaks the truth but his lies are more than the truth. In Genesis, I found that among the words of Satan to Eve, there was one truth among his words. Satan said, ***“You will not surely die. For God knows that in the day you eat of it, your eyes will be opened, and you will be like God, knowing good and evil”*** (Genesis 3:4, 5). “You will not surely die” is a lie Satan said to Eve.

The Bible says, ***“Therefore, just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all sinned”*** (Romans 5:12). But Satan’s final words “For God knows that in the day you eat of it, your eyes will be opened, and you will be like God, knowing good and evil.” were true. God himself said it: ***“but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die”*** (Genesis 2:17). The Bible also says we are gods (Psalm 82:6 and John 10:34). So you see it is not always that Satan lies. The issue of chakras is not of the Devil but of God.

God reveals his knowledge to all who search and seek it, even traditionalists, Hindus, New Agers, and evil men. For example, God revealed the mystery of what would happen in the latter days to an evil and idolater King Nebuchadnezzar (Daniel 2). God also gave a dream to the evil king of Egypt, Pharaoh, of seven fat cows and seven skinny cows, and based on that revelation Pharaoh was able to provide for his kingdom for the next 14 years with the help of Joseph, the Israelite (Genesis 41). So just because an evil king or a

new ager, or a Hindu, or an atheist, or an agnostic has received some insight, that doesn't mean you should disregard it. When you live in Yahveh's truth, you will become a free person.

Moreover, the Bible is silent on the subject matter. You cannot point to a specific verse in the Holy Scriptures that mentions the word chakra to give us God's view on this topic. So then, do chakras violate any biblical principle, or is it incompatible with any biblical principle? Not at all!

Chakras are considered both *transmitters and receivers of energy*. Meridians are energy pathways in the human body which energy flows through. You must have balanced chakras and meridians to be mentally, emotionally, spiritually, and physically healthy. Your body can get problems in different areas with blockage or instability in either the chakras or meridian pathways.

Don't we run on energy? Are there no energy pathways in our bodies? Certainly, we know there are pathways for blood in our bodies and pathways for lymph, and pathways for nerves. So, in the same way, Yahveh has created pathways for energy to flow through our bodies. Whether you believe it or not we are energy organisms, infused by Yahveh's divine energy.

Science teaches that all atoms have electrons spinning around them and that it is the flow of electrons that produces energy and current. Hence science confirms that we are energy beings on the molecular level.

Know that chakras are spiritual energy centers that receive and release the spiritual life force of Yahveh in and out of our physical and spiritual beings. When Yahshua (*the true Hebrew name of the son of God*) laid his hands to heal, there was *a flow of Yahveh's energy* from him into those he prayed for. The Bible says, ***“At once Jesus [Yahshua] realized that power had gone out of him. He turned around in the crowd and asked who touched my clothes?”*** (Mark 5:30). So the release of the healing anointing by the laying of the hand includes the release of Yahveh's energy into a person's body to correct things that are messed up. So, believing in energy and energy pathways is not of the devil.

Yahveh our creator is much more than a flow of energy. So is healing much more than a flow of energy. It begins and ends in the compassion of a wonderful and loving God. The Bible says, ***“And Jesus [Yahshua], when he came out, saw much people, and was moved with compassion toward them because they were as sheep not having a shepherd: and he began to teach them many things”*** (Mark 6:34). If I am going to limit God to being simply a mass of energy, rather than a personal loving God as some religions do, then I would object to that.

Even though these chakras – energy pathways may be true, and even though Hindus may have discovered these energy pathways, I would not embrace any belief that reduced my loving Father and Savior to a mere energy field.

Quick Note:

If your chakras are open or imbalanced and you seek spiritual alignment and protection, join my Experience Deliverance Program. This six-week program offers personalized one-on-one deliverance prayer sessions designed to align your chakras and safeguard your body and soul from negative influences and evil spirits. [Click here for a free discovery call to find out how I can help you get your chakras cleaned, balanced, and free from demons.](#)

In the next chapter, we will explore the locations, functions, and attributes of chakras and also look at how imbalances in chakras can impact physical, emotional, mental, and spiritual health. Stay tuned!

CHAPTER 2

What are Chakras and their Significance in Spiritual and Energetic Well-Being?

Objective:

- Exploring the seven main chakras, their locations, functions, and attributes.
- Understanding how imbalances in chakras can impact physical, emotional, mental and spiritual health.

Chakras are subtle energy centers within the human body, each associated with specific physical, emotional, and spiritual qualities. Derived from ancient Indian traditions, the concept of chakras envisions these energy points as spinning wheels that influence the flow of vital life force or “prana” throughout our being. Chakras are also known to be the psychic gateways or doorways of our body.

There are seven main chakras, positioned along the spine from the base to the crown of the head. Each chakra is connected to different aspects of our existence, including our physical health, emotional states, and spiritual development. These energy centers are believed to interact with the body’s various systems, as well as with external energies and the universe itself.

The significance of chakras lies in their role as conduits for the exchange of energy between our inner selves and the world around us. When the chakras are balanced, they facilitate the harmonious flow of energy, contributing to a sense of overall well-being. However, imbalances or blockages in these energy centers can lead to physical ailments, emotional disturbances, a feeling of spiritual disconnect, and the playing ground of evil spirits.

Maintaining the health of our chakras is thought to be essential for achieving optimal spiritual and energetic well-being. By working with practices such as meditation, breathwork, and mindfulness, individuals can cleanse and align their chakras, encouraging the free flow of energy and enhancing their physical vitality, emotional stability, and spiritual growth.

In summary, chakras are intricate energy centers that play a crucial role in the intricate interplay between our physical bodies, emotions, and spiritual selves. Understanding and nurturing these energy points can lead to a more balanced and fulfilling life, promoting a deeper connection to both yourself and your creator Yahveh (*the true Hebrew name of God*).

Exploring the Seven Main Chakras, their Locations, Functions, and Attributes

The seven main chakras are key energy centers within the human body, each associated with distinct physical, emotional, and spiritual qualities. These energy points are often depicted as spinning wheels or vortices that govern the flow of vital life force, or “prana,” throughout our being. Each chakra corresponds to specific bodily locations and characteristics, contributing to our overall sense of well-being and balance.

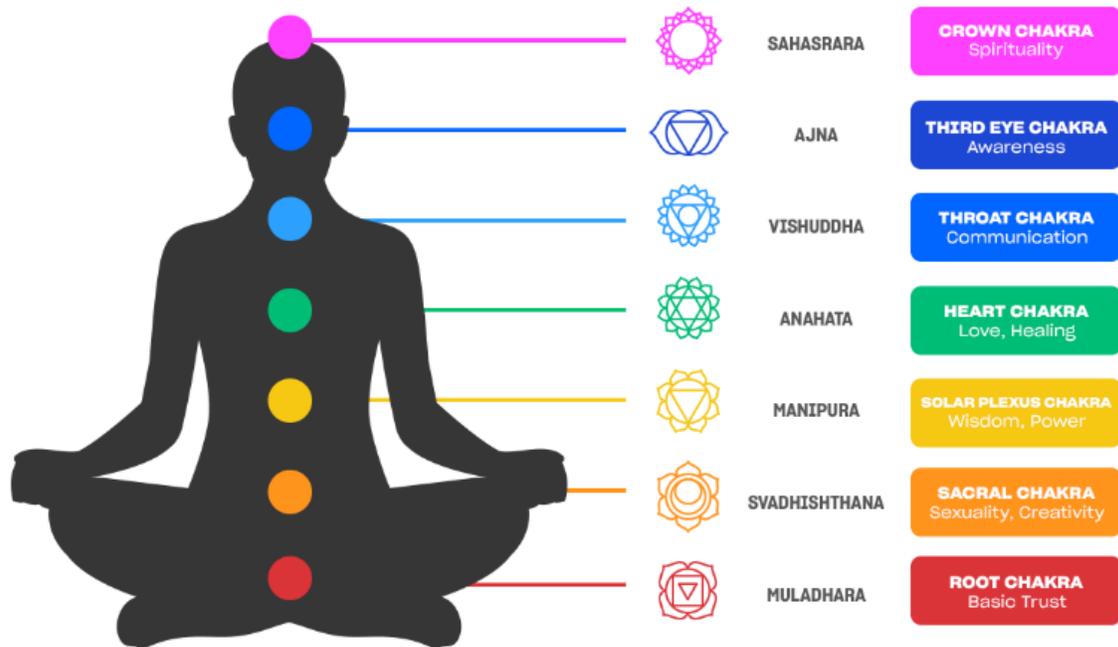


Image by mindvalley.com

Here is an overview of each chakra:

1. Root Chakra

- **Location:** Base of the spine, near the tailbone.
- **Function:** Connected to our sense of grounding, stability, and physical survival. It also influences our feelings of security, safety, and connection to the Earth.
- **Attributes:** Associated with the color red and the element Earth.
- **Themes:** Security, stability, and basic needs.

2. Sacral Chakra

- **Location:** Below the navel, in the lower abdomen.
- **Function:** Governs emotions, creativity, sensuality, and relationships. It's also related to the flow of energy, pleasure, and the ability to experience joy.
- **Attributes:** Linked to the color orange and the element Water.
- **Themes:** Creativity, pleasure, and emotional well-being.

3. Solar Plexus Chakra

- **Location:** Above the navel, in the upper abdomen.
- **Function:** Influences our self-esteem, confidence, and personal power. It's associated with our sense of purpose, willpower, and the ability to assert oneself.
- **Attributes:** Aligned with the color yellow and the element Fire.
- **Themes:** Self-confidence, empowerment, and inner strength.

4. Heart Chakra

- **Location:** Center of the chest, near the heart.
 - **Function:** Governs love, compassion, empathy, and emotional balance. It's associated with our ability to form connections, give and receive love, and experience harmony.
-

- **Attributes:** Linked to the color green (or sometimes pink) and the element Air.
- **Themes:** Love, compassion, and emotional healing.

5. Throat Chakra

- **Location:** Throat area.
- **Function:** Relates to communication, self-expression, and the ability to speak the truth. It influences effective communication, artistic expression, and the integration of thoughts and feelings.
- **Attributes:** Associated with the color blue and the element Ether (or Sound).
- **Themes:** Communication, expression, and authenticity.

6. Third Eye Chakra

- **Location:** Between the eyebrows, slightly above the center of the forehead.
- **Function:** Associated with intuition, perception, and higher awareness. It governs the mind, inner wisdom, and the ability to see beyond the physical realm.
- **Attributes:** Aligned with the color indigo and the element Light.
- **Themes:** Intuition, insight, and inner vision.

7. Crown Chakra

- **Location:** Top of the head.
- **Function:** Represents spiritual connection, enlightenment, and our connection to the universe or divine energy. It's associated with higher consciousness, unity, and spiritual growth.
- **Attributes:** Linked to the color violet or white and the element Thought.
- **Themes:** Divine connection, enlightenment, and spiritual transcendence.

How Imbalances in Chakras Can Impact Physical, Emotional, Mental and Spiritual Health

Understanding, purging, balancing, closing, and sealing these seven main chakras is believed to promote holistic well-being by fostering harmony between the physical, emotional, mental, and spiritual aspects of our being.

Imbalances in chakras can have profound effects on our physical, emotional, mental, and spiritual well-being. When these energy centers are either overactive or underactive, the flow of energy throughout the body can become disrupted, leading to a range of issues.

Here are how imbalances in chakras can impact different aspects of health:

Physical Health

Imbalances in chakras can manifest as physical ailments and discomfort. For example:

- An imbalanced Root Chakra might lead to issues with the lower body, such as lower back pain, digestive problems, and immune system disorders.
- An imbalanced Heart Chakra could contribute to heart-related conditions, respiratory issues, and circulation problems.
- An imbalanced Throat Chakra might result in throat and thyroid problems, as well as difficulties with communication.

Emotional Health

Chakra imbalances can affect your emotional states and responses:

- An imbalanced Sacral Chakra could lead to mood swings, emotional instability, and difficulty experiencing pleasure or connecting intimately with others.
- An imbalanced Solar Plexus Chakra might cause feelings of low self-esteem, lack of confidence, and a sense of powerlessness.

- An imbalanced Heart Chakra could result in difficulty forming meaningful connections, an inability to express or receive love, and emotional coldness.

Mental Health

Chakra imbalances can impact cognitive functions and mental well-being:

- An imbalanced Third Eye Chakra might lead to difficulties in perception, intuition, and clarity of thought.
- An imbalanced Crown Chakra could contribute to feelings of disconnection, lack of purpose, and spiritual confusion.
- Imbalances across various chakras could result in mental stress, anxiety, and difficulty maintaining focus and concentration.

Spiritual Health

A former grandmaster occultist, Eric revealed that “these 7 openings are sealed by God and opened by man through sin. When they are opened, spirits can pass through these gates or doorways, several at a time”.

According to Eric, the sins that open the 7 gates are:

- Sexual intercourse with a demon in a dream or sex with a prostitute.
- Drugs
- Visiting a fortune-teller/spiritualist (agent of demons in disguise).
- Receiving healing through occult powers.
- Reading occult books.
- Anger: By anger, demons transmit certain diseases or sicknesses. Demons will manipulate people to seek solutions from witches and occultists — a psychic healer — who himself is an agent of demons in disguise.

Chakra imbalances or opened can impact spiritual well-being:

- Hearing the voices of evil spirits, demons, and a large crowd of unknown people.
- Seeing objects moving around the house or office.
- Hearing strange noises, and sounds of objects.
- Having sexual intercourse with a known or unknown person in your dreams.
- Evil spirits disturb and break things in your home.
- A spirit spouse can cause overwhelming sexual urges in your body that your sexual urges are so strong that your mind is completely overtaken, and anything you do to make the sexual urges depart does not work. It would seem that the only relief for the sexual desire is to have an orgasm by masturbation or any means necessary.

It's important to note that chakra imbalances often interconnect, and issues in one chakra can ripple into others. Addressing these imbalances involves working on both the affected chakra and the overall energy system.

Practices such as meditation, prayer, fasting, energy healing, breathwork, and mindfulness can help realign and balance the chakras, promoting physical health, emotional stability, mental clarity, and spiritual growth.

By restoring the harmonious flow of energy within your chakras, you can positively impact your holistic well-being and achieve a greater sense of balance and vitality.

If your involvement with chakras or meridian lines involved you dabbling in false religions, New Age beliefs, Buddha, or anything of the sort, then you have opened yourself up to demons.

Your next step is to enroll in my Experience Deliverance Program. It's a 6-week one-on-one deliverance prayer session with me. During our sessions, I will purge, cast out the demons residing in you, and then close and seal your chakras for you. The demons will be denied access even if they try because of the protective seals I will place on your chakras. [Click here to book a free discovery call and find out how I can help you get your chakras purged, closed, and sealed.](#)

In the next chapter, we will discuss the techniques and practices for purging your chakras to maintain a clear and balanced energetic system. Stay tuned!

CHAPTER 3

Techniques and Practices for Purging Your Chakras

Objective:

- A step-by-step guide to various methods for purging negative energies from chakras, including meditation, visualization, sound healing, and prayer.
- Advanced Practical exercises to help cleanse the chakras and release stagnant energy.

Understanding the Importance of Chakra Purification

Before diving into the process of closing and sealing your chakras, it is crucial to understand the significance of purging. Purging is the act of releasing any negative or stagnant energy that may have accumulated within your chakras. Just like cleaning out a cluttered closet, purging your chakras allows fresh, positive energy to flow freely. The Bible says, *“That he might sanctify her, having cleansed her by the washing of water with the word”* (Ephesians 5:26 ESV)

When we neglect to purge our chakras, the energy within them can become blocked or imbalanced. This can manifest as physical ailments, emotional distress, and a general feeling of being energetically weighed down, which allows evil spirits to get access to your body and soul and eventually possess you. By regularly purging your chakras, you can maintain a clear and balanced energetic system, which is vital for your overall well-being.

Step-By-Step Guide to Purging Your Opened, Imbalanced, or Blocked Chakras

Now that you understand the importance of purging your chakras, let's delve into some effective techniques and practices that can help you achieve a clear and balanced energetic system.

Tools and Techniques for Effective Chakra Cleansing

1. Preparation

Find a quiet and comfortable space where you won't be disturbed. Sit or lie down in a relaxed position. Take a few deep breaths to center yourself and set the intention to release any negative energies that may be affecting your chakras.

2. Meditation

Meditation is a powerful tool for chakra purification. Meditation allows you to connect with your inner self and release negative energies.

Close your eyes and focus your attention on your breath. Focus on each chakra individually, inhale deeply, visualizing a vibrant and cleansing white light flowing through them and releasing any tension or negative energy from your body. Bring your awareness to the chakra you want to work on. Imagine a spinning wheel of energy at that chakra's location. As you exhale, visualize dark, heavy energy leaving your body, carrying away negativity by the cleansing light.

3. Energy Healing

Seek out a qualified and genuine deliverance minister of God, who can assist in clearing any blockages or imbalances within your chakras. The deliverance minister techniques may include hands-on healing, chakra balancing, spiritual exercise, or prayer.

4. Listening to Sacred Songs

Harness the healing power of sacred (godly) songs by listening to spiritual, inspirational, and praise songs. Concern with singing a lot of godly songs that praise the creator of the universe, God Yahveh (*Yahveh [YHVH] is the Hebrew name of God*). Focus on the melody vibrations resonating through your body. When listening to godly songs, imagine the melody breaking up and dispersing negative energies.

5. Fitness and Movement

Engaging in physical activities like workouts or dance can help release and clear energy blockages. Incorporate poses that target each chakra, and focus on deep breathwork to enhance the purification process.

6. Affirmations and Intention – Prayer

Create positive affirmations that support your intention to release negative energies. For example, “I release all that no longer serves me [with the blood of Yahshua HaMashiach]” or “I am clearing and healing my [chakra name] chakra in the mighty name of Yahshua HaMashiach” Repeat these affirmations while focusing on the chakra. Believe in God Yahveh and the power of your intention to clear away negativity.

7. Gratitude

Open your eyes and take a moment to express gratitude to God Almighty for the cleansing process you’ve undergone. Gently bring your attention back to the present moment, knowing that you’ve taken proactive steps to release negative energies and promote chakra health.

Closure

By regularly practicing these techniques, you can effectively purge your chakras, allowing for a free flow of positive energy throughout your being.

Remember that consistency is key. Regular practice of these techniques can lead to profound energetic shifts and improved overall well-being. Experiment with different methods and find what resonates best with you. As you deepen your understanding and mastery of purging negative energies, you empower yourself to maintain a harmonious and balanced energy system.

Advanced Chakras Cleansing Methods

Practical Exercises to Cleanse Chakras and Release Stagnant Energy

Cleansing your chakras and releasing stagnant energy is a transformative practice that promotes overall well-being. Here are some practical exercises to help you effectively cleanse each chakra and release any blocked or stagnant energy:

1. Crown Chakra Cleansing

- Sit in a peaceful space and take a few deep, calming breaths.
- Visualize your Crown Chakra, at the top of your head, as a glowing violet or white lotus of energy.
- Imagine a gentle, cascading waterfall of divine light from heaven pouring into your Crown Chakra. Feel this light purifying and cleansing your spiritual connection.
- As you inhale, envision the light entering your Crown Chakra and expanding your consciousness. With each exhale, release any resistance or blockages.
- Bask in the serene, expansive energy of the divine light, allowing it to cleanse and rejuvenate your Crown Chakra.

2. Third Eye Chakra Cleansing

- Sit comfortably and close your eyes. Take a few deep breaths to center yourself.
- Visualize your Third Eye Chakra (forehead), located between your eyebrows, as a deep indigo or purple energy center.
- Envision a radiant light at your Third Eye, illuminating your inner wisdom. Imagine this light dispelling any mental fog or confusion.
- Inhale deeply, allowing the light to expand and brighten your Third Eye Chakra. As you exhale, visualize any mental clutter dissipating.
- Embrace the clarity and insight that arises as your Third Eye Chakra becomes cleansed and receptive to higher knowledge.

3. Throat Chakra Cleansing

- Find a comfortable seated position and close your eyes. Take a moment to relax.
- Visualize your Throat Chakra, located at the base of your throat, as a bright blue sphere of energy.
- Imagine a clear, serene lake within your Throat Chakra. Envision your breath creating ripples in the water, washing away any obstacles to authentic communication.
- With each breath, imagine your voice becoming clearer and more resonant. As you exhale, release any fear or self-expression issues.
- Experience the sensation of your Throat Chakra becoming cleansed and liberated, ready to express your truth.

4. Heart Chakra Cleansing

- Sit quietly and take a few deep, calming breaths.
- Visualize your Heart Chakra, located in the center of your chest, as a glowing green or pink energy center.
- Imagine a gentle breeze blowing through your Heart Chakra, carrying away any emotional heaviness or pain.
- As you inhale, visualize fresh air entering your Heart Chakra and expanding your capacity for love and compassion. As you exhale, release any emotional burdens.
- Feel your heart opening and expanding with each breath, creating space for healing and renewal.

5. Solar Plexus Chakra Cleansing

- Sit or lie down in a relaxed position. Close your eyes and take a few deep breaths.
- Visualize your Solar Plexus Chakra, located above the navel, as a radiant yellow ball of energy.
- Envision a powerful light of God above your Solar Plexus Chakra, emitting golden light. Feel this light penetrating your Solar Plexus Chakra, dissolving any stagnant energy.

- As you inhale, imagine the divine light energy infusing your Solar Plexus Chakra with vitality. As you exhale, release any tension or negativity.
- Bask in the warmth and empowerment of the light of God, allowing it to rejuvenate your Solar Plexus Chakra.

6. Sacral Chakra Cleansing

- Sit in a comfortable position and close your eyes. Take a few deep breaths to center yourself.
- Visualize your Sacral Chakra, located just below the navel, as a radiant orange sphere of energy.
- Imagine a gentle, flowing stream of water cleansing your Sacral Chakra. Envision this water washing away any emotional blockages or stagnation.
- With each inhale, visualize fresh, invigorating water entering your Sacral Chakra. With each exhale, see the water carrying away any negativity.
- Maintain this visualization while focusing on the sensation of renewal and emotional release.

7. Root Chakra Cleansing

- Find a quiet space to sit comfortably. Close your eyes and take a few deep breaths.
- Visualize your Root Chakra, located at the base of your spine, as a vibrant red wheel of energy.
- Imagine roots extending from your chakra deep into the Earth. Envision these roots absorbing Earth's grounding energy and releasing any negativity.
- With each exhale, visualize dark, heavy energy leaving your Root Chakra and being absorbed by the Earth.
- Continue this visualization and breathing for several minutes until you feel a sense of release and grounding.

8. Grounding and Integration

- After cleansing all your chakras, take a moment to sit quietly and bring your awareness back to your physical body.
- Visualize roots extending from your body into the Earth, anchoring you firmly.
- Imagine any remaining negativity flowing down through these roots, returning to the Earth for transformation.
- Take a few deep breaths, feeling grounded, balanced, and energetically renewed.

9. Commanding Demons to Come Out of You

Now engage directly with the demons or evil spirits that are occupying your seven chakras or body gateways with the power of the spirit of God Yahveh.

Shout at the demons with a deep strong voice to immediately come out of your body and soul and they will yield to your command.

Pray this prayer loudly to command the demons to come out of your body immediately:

Satan, demons, or any evil spirit residing in me as a result of my chakras being opened to you, I renounce any covenant I have with you, evil spirits. I declare to you, evil spirits that I am now a child of the Most High Yahveh and I am covered by the precious blood of Yahshua HaMashiach. The heavenly and earthly authority has been given to me by my Father Yahveh to cast all of you out of my body. [Shout]: (With the power of God Yahveh vested in me I command you Satan, demons, and all evil spirits to come out of my body and soul right now in the name of Yahshua HaMashiach. Leave now and perish forever. Never return.) Almighty Yahveh, use your cleansing agent to clean my body and soul from all filthiness and make me clean and holy. Thank you, Yahveh for setting me free. In Yahshua's name, I pray, Amein.

By regularly practicing these chakra cleansing exercises, you can release stagnant energy and promote a harmonious flow of energy throughout your entire being. Remember that consistency and intention are key to maintaining vibrant chakra health and holistic well-being.

Book a session: For a one-on-one deliverance session with a minister who can purge, close, and balance your chakras, [click here to book a free discovery now](#).

In the next chapter, we will discuss the process of achieving balance and alignment in maintaining chakra health. Stay tuned!

CHAPTER 4

Achieving Balance and Alignment in Chakra Health

Objective:

- Explanation of the role of balance and alignment in chakra health.
- Strategies for restoring balance and alignment through mindful practices and energy work.

What Is the Role of Balance and Alignment in Chakra Health

Balance and alignment play a pivotal role in maintaining chakra health, contributing to overall well-being on physical, emotional, and spiritual levels. Chakras are intricate energy centers that work harmoniously together. When they are balanced and aligned, they create a smooth and uninterrupted flow of vital life force energy (prana) throughout the body.

Here is an explanation of the significance of balance and alignment in chakra health:

1. Flow of Energy

Chakras are like spinning wheels that regulate the flow of energy in and out of the body. When they are in balance and aligned, energy moves freely through each chakra, supporting optimal bodily functions, emotional stability, and mental clarity. This flow of energy nurtures the physical body, enhances emotional well-being, and sustains mental focus.

2. Physical Health

Each chakra is associated with specific areas of the body and related organs. When chakras are balanced and aligned, they promote the proper functioning of these organs and bodily systems. For example, a balanced Root Chakra supports stability in the legs, feet, and lower spine, while a balanced Throat Chakra encourages clear communication and a healthy thyroid gland.

3. Emotional Equilibrium

Emotional well-being is closely linked to chakra health. Balanced chakras facilitate the harmonious expression and processing of emotions. When chakras are aligned, emotions can be experienced without excessive attachment or suppression. An imbalanced chakra, on the other hand, can lead to emotional disturbances, such as anxiety, depression, or mood swings.

4. Mental Clarity

Balanced chakras contribute to mental clarity, focus, and balanced thought patterns. A clear and aligned Third Eye Chakra, for instance, supports intuitive insight and higher awareness. On the contrary, an imbalanced chakra can manifest as mental fog, lack of concentration, or intrusive thoughts.

5. Spiritual Growth

Spiritual growth and self-realization are facilitated by balanced and aligned chakras. Each chakra corresponds to different aspects of spiritual development. When these energy centers are in harmony, they create a strong foundation for higher consciousness and a deeper connection to spiritual truths.

6. Relationships and Communication

Balanced chakras contribute to healthy relationships and effective communication. Open and aligned chakras allow for genuine connection, empathy, and the ability to express oneself authentically.

7. Energetic Resilience

Balanced chakras create an energetic shield that can help protect against external influences, negative energies, and demons. They act as a defense mechanism, preventing the attachment of unwanted energies that can disrupt the natural flow.

8. Overall Well-being

When chakras are balanced and aligned, they work together harmoniously to promote holistic well-being. Physical health, emotional stability, mental clarity, and spiritual growth are all interconnected and influenced by the state of the chakras.

Maintaining chakra balance and alignment involves regular self-care practices such as meditation, energy healing, fasting, mindfulness, prayer, and self-awareness. By nurturing and tending to each chakra's unique needs, you create a foundation for vibrant health, inner harmony, and a deeper connection to yourself and the world around you.

Strategies for Restoring Balance and Alignment through Mindful Practices and Energy Work

Restoring balance and alignment to your chakras is a transformative journey that involves a combination of mindful practices and energy work. By cultivating awareness, intention, and consistent effort, you can harmonize your energy centers and promote overall well-being.

Here are some strategies to help you restore balance and alignment through mindful practices and energy work:

1. Daily Meditation

- Set aside time each day for meditation. Find a quiet space and sit comfortably.

- Focus your attention on each chakra, one at a time. Visualize them as vibrant, spinning wheels of energy.
- Breathe deeply as you imagine cleansing and balancing each chakra. With each inhale, visualize light entering the chakra; with each exhale, visualize any darkness or blockages being released.

3. Chakra-Centric Affirmations

- Create positive affirmations for each chakra to restore balance. For instance, for the Root Chakra, you might use, **“I am grounded and secure in my being as a child of the Most High God.”**
- Repeat these affirmations daily while visualizing the associated chakra opening, balancing, and aligning.

4. Breathwork and breath control exercises

- Practice breath control exercises, to direct energy to specific chakras.
- Use deep, intentional breaths to guide energy through each chakra. Inhale as you visualize energy flowing into the chakra, and exhale as you release any blockages.

5. Visualization and Color Therapy

- Envision each chakra’s associated color as a bright, spinning vortex of energy.
- During meditation, imagine the chakras being bathed in their corresponding colors, restoring their vibrancy.

6. Nature Connection

- Spend time in nature to ground and balance your energy.
- Walk barefoot on the earth, practice forest bathing, or simply sit and meditate surrounded by natural elements.

7. Self-Reflection and Journaling

- Regularly journal about your experiences and feelings associated with each chakra.
- Use introspection to identify areas where energy may be stagnant and set intentions for restoring balance.

Remember that restoring balance and alignment is an ongoing practice. Experiment with different techniques, and don't be discouraged if progress takes time. Cultivating mindfulness and energy work can help you connect more deeply with your chakras, fostering a harmonious and balanced energy system that supports your physical, emotional, and spiritual well-being.

Note: If you don't have the time or energy to follow the procedures for balancing and aligning your chakras, consider seeking help from an expert. If you'd like my assistance with chakra balancing and alignment, [click here to book a free discovery call with me](#).

In the next chapter, we will discuss the process of closing and sealing your chakras to maintain their balance and stability. Stay tuned!

CHAPTER 5

Step By Step Guide to Closing, and Sealing your chakras

Objective:

- Provide guidance on closing your chakras for balance and stability
- Offer instructions on sealing chakras effectively.
- Help you understand when it's appropriate to close specific chakras

Now that you have successfully purged your chakras, it's essential to close and seal them to ensure their balance and stability. Closing and sealing your chakras will protect you from absorbing negative energy and help maintain the positive energy flow within your energetic system. Chakra closing also serves as a protective measure against negative energies, external influences, or demons. It creates a barrier that prevents unwanted energy or evil spirits from entering or attaching to your energy system.

Benefits of Closing Your Chakras

- **Energetic Drain:** If you are in a situation or around individuals who drain your energy, such as energy vampires or emotionally taxing environments, closing your chakras can prevent excessive energy loss.
- **Healing and Recovery:** After an illness, emotional trauma, or strenuous physical activity, closing chakras can facilitate faster healing and replenishment of energy.
- **Spiritual Protection:** During spiritual practices like astral projection/travel, and deep meditation, some individuals choose to close their chakras to shield themselves from external influences and distractions.

Closing Your Chakras for Balance and Stability

Step 1. Visualization

Close each chakra individually using visualization techniques. Visualize the chakra closing like a flower bud gently closing its petals. See it closing with a protective layer that prevents any unwanted energy or evil spirit from entering.

Step 2. Intention Setting

Set a clear intention to close your chakras. Speak or think affirmations such as, **“I close and seal my chakra to maintain balance and protect my energy.”** Repeat this intention for each chakra, ensuring a strong and definitive statement.

Step 3. Grounding

Ground yourself after closing and sealing your chakras. Connect with the earth by standing barefoot on the ground or visualizing roots growing from your feet into the earth. This will further anchor your energy and promote stability.

Step 4. Prayer

Prayer, as they say, is one of the most powerful solutions to many problems. Now that negative energy and demons have been successfully cleansed from both your soul and your body, the next step is to pray to close your seven chakras (or gateways) so that demons or any other evil spirit may not get access to your body and soul again.

Pray this powerful prayer loudly:

Yod Hey Vav Hey, Yahveh, Tetragrammaton Saboath, King of kings and Lord of lords, Omnipotent, Omnipresent, Omniscient, the First and the Last, the Alpha and Omega, I call upon you to come to my aid. Please with your divine hand close again all my seven chakras that have been opened to demons. Close my chakras with the precious blood of Yahshua HaMashiach. Please assign Archangel Michael, Archangel Raphael, Archangel Gabriel, Archangel Uriel, Archangel Kharmael, Archangel Sachiell, and Archangel Cassiel to protect and guard each of the gateways of my body. Fill me with your righteous spirit to live a righteous life forever. In Yahshua's name, I pray with thanksgiving, Amein.

You've now closed your chakras (body doorways). The next step is to seal these chakras so that demons can not open them again **unless you do so yourself through intentional sins and unlawful acts.**

Step 5: Sealing Your Chakras

The sealing process, within the realm of chakra work and energy healing, refers to the intentional sealing of one or more chakras to achieve specific energetic goals. Unlike closing chakras for short-term protection or preservation, sealing is a more profound and often long-term step.

Sealing chakras is a profound step that should be approached with caution and deep intention. It's typically done for long-term purposes, such as preventing negative attachments or maintaining energetic boundaries.

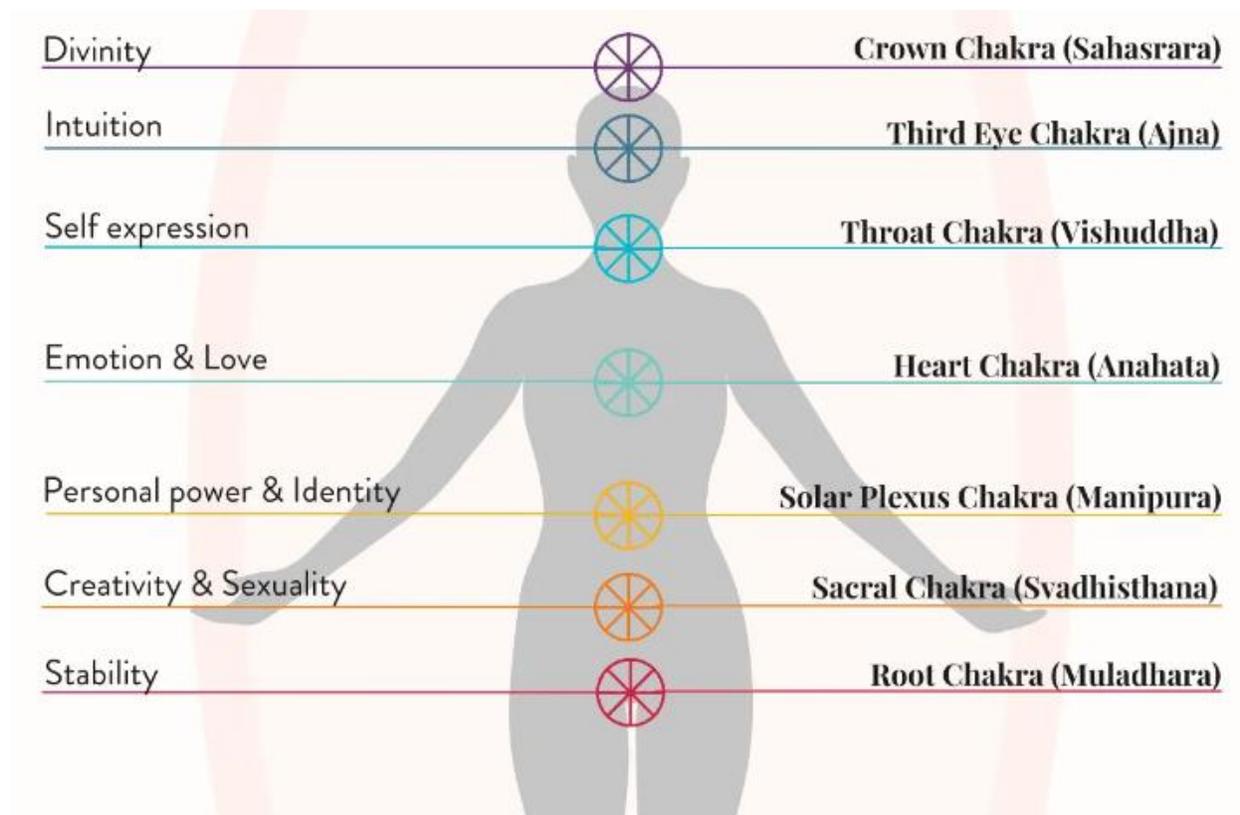


Image by chakrapractice.com

Please follow the following instructions to seal your seven chakras:

1. Start from the Crown Chakra to the Root Chakra. Put your palm on the crown of your head, start by rubbing your palm over your crown while saying, ***“I seal my crown chakra with the precious blood of Yahshua HaMashiach, and it’s closed and sealed forever.”*** *Amein.*
2. Repeat the same process with the other six chakras. Always remember to start from the Crown Chakra and down to the Root Chakra. Also, remember to place and rub your hand on each chakra and pronounce the name of the chakra when sealing them with the blood of Yahshua HaMashiach (*the true Hebrew name of the son of God*).

If you have forgotten the names of the seven chakras, here they are in this order:

1st The Crown (Location: The very top of head)

2nd The Third Eye (Location: Between the eyes, on the forehead)

3rd The Throat (Location: The Throat)

4th The Heart (Location: The center of the chest)

5th The Solar Plexus (Location: The upper abdomen, in the stomach area)

6th The Sacral/Navel (Location: Just below the belly button, just above the pubic bone)

7th The Root or Sex Organ (Location: The base of the spine, in the tailbone area)

Thank Almighty Yahveh (*the true Hebrew name of God*) and rejoice for you have *successfully* cleansed, closed, and sealed your seven chakras (doorways). You are now physically, mentally, and spiritually healthy. Always worship Yahveh in truth and spirit and you shall enjoy total freedom and eternal life.

My Advice to You:

- Stay away from sin.
- Stay away from any activity that can open your chakras again.
- Read the Holy Scriptures and pray always.
- Take caution of the Media. What you hear or see has either a positive or negative impact on you.

Optional Step: Seek Guidance

If you're new to the concept of closing chakras or have specific concerns about your energy, consider seeking guidance from an experienced deliverance minister of God like myself who can provide personalized advice, and techniques and help close and seal your opened chakras. [You can click here to seek my guidance through a free discovery call with me.](#)

In summary, closing chakras for protection and energetic preservation is a valuable tool in the realm of energy work. It empowers individuals to safeguard their energy, especially in challenging or draining situations. However, it's essential to approach this practice mindfully, to maintain a balanced and healthy energy system.

How to Determine When It's Appropriate to Close Specific Chakras

Deciding when to close specific chakras is a nuanced practice that depends on individual circumstances and intentions. While closing chakras can be beneficial for protection and energetic preservation, it's essential to discern when and which chakras should be closed.

Here is a guide to help you make these determinations effectively:

Self-Awareness

Begin by cultivating self-awareness. Pay attention to your energy levels, emotions, and physical sensations. Notice when you feel drained, overwhelmed, or in need of protection.

Develop an understanding of your chakras and their functions. This knowledge will help you identify which chakras may benefit from closure in specific situations.

Assess Your Environment

Evaluate your environment and the people you interact with. Are you in a space or with individuals who drain your energy? Do you feel exposed or vulnerable in a particular setting?

Consider closing chakras that are most susceptible to negative influences in your current environment. For example, if you're in a conflict-heavy situation, you might focus on closing your Heart or Throat Chakras.

Emotional State

Monitor your emotional state. If you're experiencing heightened emotions, stress, or anxiety, closing specific chakras can help you regain emotional equilibrium.

Closing the Solar Plexus Chakra, for instance, can be useful when dealing with overwhelming emotions, as it helps in maintaining emotional stability.

Physical Health

Pay attention to your physical health. If you're fatigued, recovering from illness, or feeling physically depleted, consider closing chakras to conserve energy.

The Root Chakra is associated with physical vitality, so closing it may help in situations where you need to preserve physical strength.

Intuitive Guidance

Trust your intuition. Sometimes, you may have a gut feeling that a specific chakra needs to be closed for protection or preservation.

Your intuition can be a powerful guide in determining when and which chakras to close.

Energetic Sensations

Develop your ability to sense energy. During meditation or mindful reflection, check in with your chakras. Do you sense any heaviness, blockages, or disruptions?

Trust your energetic sensations. If you feel that a chakra is vulnerable or under attack, consider closing it.

Specific Intentions

Define your intentions clearly. What do you hope to achieve by closing a specific chakra? Is it for protection, preservation, or another purpose?

Align your intentions with the chakra you choose to close. For example, if you need to establish clear boundaries, focus on closing your Sacral or Solar Plexus Chakra.

Regular Assessment

Make chakra assessment and closure a regular practice, especially in challenging or dynamic situations. What works for you may vary from day to day.

Regular assessment allows you to adapt your approach based on your evolving needs and circumstances.

Seek Guidance

If you're unsure about which chakras to close or when it's the right time to do so, it's wise to seek guidance from an experienced deliverance minister of God, such as myself. Here is why:

- **Personalized Insights:** An experienced minister of God can offer personalized insights tailored to your specific situation and needs.
- **Recommendations:** They can provide recommendations based on their knowledge and understanding of spiritual practices.
- **Clarity and Confidence:** With their guidance, you can approach the process with clarity and confidence, knowing you're following a path that aligns with your beliefs and values.

[You can click here to seek my guidance through a free discovery call with me.](#)

Remember, seeking guidance can help ensure you approach the practice of closing chakras with mindfulness and understanding.

Balancing discernment with self-care, you can effectively use chakra closure as a tool to support your overall well-being and energetic health.

Closing and sealing your chakras is a vital step in maintaining a healthy and balanced energetic system. Remember to repeat this process regularly or whenever you feel the need to reset your chakras.

In the following chapter, we will discuss an alternative method for closing your chakras and restoring energy flow. Stay tuned!

CHAPTER 6

An Alternative Method for Closing Your Chakras and Restoring Energy Flow

Objective:

- Learn other methods of closing your chakras and restoring energy flow.
- Learn how to maintain a healthy energetic flow while chakras are closed.

Consciously closing each chakra while maintaining awareness and intention is a mindful practice that can help protect your energy and promote a sense of inner peace.

Here are detailed instructions on how to consciously close each of the seven main chakras:

1. Crown Chakra

- Begin your practice by directing your attention to the top of your head, where the Crown Chakra is located.
- Visualize a radiant violet or white lotus of energy at this point.
- Slow down the lotus's unfolding motion until it closes entirely.
- Intend for your Crown Chakra to close, shielding you from overwhelming spiritual energies.
- Experience a sense of inner peace and connection to your higher self.

2. Third Eye Chakra

- Bring your focus to the space between your eyebrows, where the Third Eye Chakra is situated.

- Visualize an indigo or deep blue vortex of energy spinning here.
- Gradually, slow down the spinning motion until it ceases.
- Set the intention for your Third Eye Chakra to close, allowing you to maintain inner clarity and focus.
- Embrace a heightened sense of intuition and insight.

3. Throat Chakra

- Shift your awareness to the throat area, where the Throat Chakra resides.
- Visualize a bright blue wheel of energy spinning in this region.
- Slow down the rotation of the wheel until it comes to a rest.
- Intend for your Throat Chakra to close, enabling you to control what you communicate and receive.
- Take a few deep breaths, feeling a sense of clarity in your communication.

4. Heart Chakra

- Continue your practice by focusing on the center of your chest, where the Heart Chakra is located.
- Visualize a radiant green or pink sphere of energy spinning here.
- Gradually slow down the rotation of this sphere until it stops.
- Set the intention for your Heart Chakra to close, protecting your emotional well-being.
- Allow a sense of self-love and compassion to fill your heart space.

5. Solar Plexus Chakra

- Maintain your relaxed position and bring your awareness to the upper abdomen, where the Solar Plexus Chakra resides.
- Visualize a bright yellow wheel of energy spinning at this location.

- Imagine this wheel slowing down and eventually coming to a standstill.
- Intentionally close your Solar Plexus Chakra, creating a shield against external influences that may affect your confidence or personal power.
- Feel a sense of inner strength and resilience as you do this.

6. Sacral Chakra

- Continue to sit or lie down in a relaxed position.
- Shift your focus to the lower abdomen, where the Sacral Chakra is situated.
- Visualize a glowing orange sphere of energy spinning in this area.
- Imagine this sphere of energy gradually slowing down until it stops completely.
- Set the intention for your Sacral Chakra to close, allowing you to preserve emotional energy.
- Take a few deep breaths and notice any sensations in your lower abdomen as you do so.

7. Root Chakra

- Find a quiet and comfortable place to sit or lie down.
- Take a few deep breaths to center yourself and create a sense of calm.
- Focus your attention on the base of your spine, where the Root Chakra is located.
- Imagine a vibrant red wheel of energy spinning at this location.
- Visualize this wheel of energy gradually slowing down until it comes to a complete stop.
- As you do this, set the intention for your Root Chakra to close, creating a protective barrier.
- Take a moment to feel the grounding energy of the Earth beneath you, providing stability and security.

As you close each chakra, remember to maintain awareness of your body, emotions, and surroundings during this practice, and trust your intuition to guide you in determining when it's appropriate to close specific chakras.

Tips For Maintaining A Healthy Energetic Flow While Chakras Are Closed

Maintaining a healthy energetic flow while chakras are closed is essential for overall well-being and energy preservation. Here are some tips to help you maintain balance and vitality during periods of closed chakras:

Tip #1. Grounding Practices

- Grounding techniques can help you stay connected to the Earth's energy and maintain stability.
- Practice earthing by walking barefoot on natural surfaces like grass or soil.
- Engage in grounding meditation, visualizing roots extending from your body into the Earth, anchoring you securely.

Tip #2. Breath Awareness

- Conscious breathing keeps your energy balanced and flowing smoothly.
- Practice deep, diaphragmatic breathing to oxygenate your body and reduce stress.
- Focus on your breath to maintain mindfulness and ensure that your energy doesn't stagnate.

Tip #3. Energy Shielding

- Visualize an energetic shield or protective bubble around yourself.
- Imagine this shield blocking negative energies while allowing positive ones to enter.
- Reinforce your intention that only beneficial energies may pass through.

Tip #4. Mindful Nutrition

- Consume nourishing foods that support your energy.
- Eat a balanced diet rich in fresh fruits, vegetables, and whole grains to maintain physical vitality.
- Avoid excessive caffeine, sugar, or processed foods that can disrupt energy balance.

Tip #5. Hydration

- Proper hydration ensures the flow of energy and the removal of toxins from the body.
- Drink sufficient water throughout the day to support your body's natural cleansing processes.

Tip #6. Mindful Movement

- Engage in gentle physical activities to keep energy circulating.
- Avoid strenuous workouts that may deplete your energy reserves.

Tip #7. Energy Awareness

- Regularly check in with your energy system even when your chakras are closed.
- Use mindful self-reflection to detect areas of tension or blockages.
- Keep a journal to track your energetic experiences and make adjustments as needed.

Tip #8. Emotional Release

- Release pent-up emotions and energy to prevent stagnation.

- Engage in emotional release techniques such as journaling, art, or talking to a trusted friend or therapist.
- Allow yourself to feel and express your emotions in a healthy way.

Tip #9. Energetic Cleansing

- Periodically clear and cleanse your energy field.
- Take salt baths or scent leaf baths or burn sage leaves in your house smudging to remove any accumulated negativity.
- Use visualization to clear your energy, imagining a stream of pure light washing through your being.

Tip #10. Reconnect with Nature

Spend time outdoors and immerse yourself in the natural world.

- Nature has a profound healing and balancing effect on your energy.
- Sit quietly, walk in a forest, or simply observe the beauty of the natural world around you.

Trust your intuition, and be mindful of your body's signals to ensure that your energy remains vibrant and balanced even during chakra closure.

In the following chapter, we will discuss the importance of ongoing chakra maintenance and how it can benefit your overall well-being. Be sure to stay tuned for more valuable insights and practices!

If you want help closing and sealing your chakras, [book a free discovery call with me](#).

CHAPTER 7

Chakra Maintenance And How It Can Benefit Your Overall Well-Being

Objective:

- Understand the importance of ongoing chakra maintenance.
- Know the other tools and techniques for chakra support.
- Learn how to use the power of intention and self-reflection in chakra maintenance.
- Learn how lifestyle choices play a crucial role in maintaining chakra balance.

The Importance of Ongoing Chakra Maintenance

Now that you have learned how to purge, cleanse, close, and seal your chakras, it is crucial to understand the importance of ongoing chakra maintenance. Just like any other aspect of your well-being, your chakras require regular attention and care to remain in optimal condition.

Regular chakra maintenance allows you to continuously assess and adjust the energy flow within your energetic system. It helps you detect any imbalances or blockages before they manifest into physical or emotional issues. By staying attuned to your chakras, you can prevent energy stagnation and ensure a smooth and harmonious flow of energy throughout your body.

Maintaining your chakras also enhances your overall well-being. Balanced chakras contribute to improved physical health, mental clarity, emotional stability, and spiritual growth. When your chakras are aligned and functioning optimally, you may experience a heightened sense of vitality, intuition, and a deeper connection to yourself, your creator, God Yahveh (*Yahveh [YHVH] is the true Hebrew name of God*), and the world around you.

To maintain your chakras, consider incorporating practices such as meditation, physical exercise (workout), energy healing, and energy-clearing techniques into your daily routine. These practices help you continue to release any accumulated energy, balance your chakras, and reinforce their protective seals.

So, ongoing chakra maintenance is vital for your overall energy and well-being. By regularly tending to your chakras, you can cultivate harmony, balance, and a sense of inner peace.

Additional Tools and Techniques for Chakra Support

Now that you understand the importance of ongoing chakra maintenance, let's delve into additional tools and techniques that can further enhance your chakra health. These practices can be integrated into your daily routine to provide added support and deep healing.

Here are a few techniques to support chakra balance:

1. **Breathing Exercises:** Breathing exercises also play a crucial role in supporting your chakras. By consciously directing your breath, you can bring fresh, life-giving energy into your body and release stagnant or negative energy. Breathing exercises can help restore vitality and promote overall well-being.
2. **Chakra-specific affirmations:** Affirmations are positive statements that can help reprogram our subconscious mind. By creating personalized affirmations for each chakra, such as "My root chakra is strong and grounded," or "I speak the truth with confidence and clarity." You can support their balance and alignment.
3. **The Use of Essential Oils:** Exploring the world of essential oils can provide powerful support for your chakras. Each essential oil carries its own unique energetic properties that can help balance and heal specific chakras. By incorporating these oils into your self-care routine, either through diffusing, applying topically, or using them during meditation, you can enhance the energetic harmony within your chakras.

Remember, finding the right tools and techniques that resonate with you is a personal journey. Take the time to experiment and explore what works best for you and your chakras.

The Power of Intention and Self-Reflection in Chakra Maintenance

In addition to utilizing tools and techniques, incorporating intention and self-reflection into your chakra maintenance routine can further enhance the effectiveness of your practice. Intention is a powerful tool that allows you to focus your energy and direct it toward specific goals or outcomes.

Setting an intention before performing chakra work can help you align your mind, body, and spirit towards your desired outcome. Whether it's clearing blockages, increasing vitality, or achieving spiritual growth, stating your intention clearly and sincerely can help activate the healing process and manifest positive changes within your chakras.

Self-reflection is another important aspect of chakra maintenance. It requires you to take an honest and compassionate look at your thoughts, emotions, and behaviors to identify any patterns or imbalances that may be affecting your chakras. Developing self-awareness allows you to address underlying issues and make conscious choices to support your chakra health.

Journaling can be a valuable tool for self-reflection. By writing down your thoughts, feelings, and experiences related to your chakras, you can gain deeper insights into your energetic state and track your progress over time. Regularly reviewing your journal entries can help you identify patterns, challenges, and successes in your chakra journey.

Meditation is another powerful practice that supports self-reflection. By quieting the mind and turning inward, you create space to observe your thoughts and emotions without judgment. This allows you to gain clarity, release stagnant energy, and cultivate a deeper connection with your chakras.

Remember, chakra maintenance is an ongoing process that requires dedication and consistency. By incorporating intention and self-reflection into your practice, you can deepen your understanding of your chakras and create lasting transformation in your energetic well-being.

Let's explore the role of lifestyle choices in maintaining chakra balance.

The Role of Lifestyle Choices in Maintaining Chakra Balance

Lifestyle choices play a crucial role in maintaining chakra balance. Chakras are energy centers in the body that govern various aspects of our physical, mental, and emotional well-being. When these energy centers are balanced and functioning optimally, we experience overall harmony and vitality.

One lifestyle choice that greatly impacts chakra balance is **maintaining a healthy diet**. Eating nutritious, whole foods can support the flow of energy in our bodies and provide the necessary nutrients for chakra health. Each chakra is associated with specific foods, colors, and elements, so incorporating a variety of fruits, vegetables, grains, and lean proteins can help maintain balance within each energy center.

Regular exercise is another important aspect of maintaining chakra balance.

Engaging in physical activities like walking, running, dancing, swimming, or cardio can help activate the chakras, promoting the flow of energy throughout the body. These practices also aid in relieving stress and tension, which can negatively impact chakra balance.

In addition to diet and exercise, **managing stress and maintaining a positive mindset are essential for chakra balance**. Stress can block the flow of energy in the body and lead to imbalances within the chakras. Engaging in stress-reducing activities such as meditation, mindfulness, or deep breathing exercises can help to release tension and promote chakra alignment.

Another lifestyle choice that can affect chakra balance is the environment in which we surround ourselves. Creating a clutter-free and harmonious living space can foster a sense of calm and balance within our energy centers. Incorporating soothing colors, natural elements, and sacred objects that resonate with each chakra can also support their overall well-being.

Lastly, **maintaining healthy relationships and connections with others can positively impact chakra balance**. Surrounding ourselves with supportive and loving individuals can promote a sense of belonging and happiness, which can enhance the flow of energy within our chakras.

In summary, lifestyle choices such as **maintaining a healthy diet, engaging in regular exercise, managing stress, creating a harmonious environment, and fostering positive relationships** play a crucial role in maintaining chakra balance. By incorporating these practices into your daily life, you can support the optimal functioning of your energy centers and experience improved overall well-being.

If you want help closing and sealing your chakras, [book a free discovery call with me](#).

Conclusion: A Journey Towards Inner Harmony

Mastering the art of chakra control is an essential practice for those dedicated to their spiritual and personal growth. This step-by-step guide has provided comprehensive information on the processes of purging, closing, and sealing your chakras, leading to balance and harmony within oneself.

The importance of chakra control should not be underestimated, as it allows individuals to delve deeper into their inner selves and cultivate heightened awareness. By implementing the techniques outlined in this guide, you can strengthen your connection with your inner self and embark on a remarkable journey of self-discovery. Regular practice of these techniques will lead to improvements in mental, emotional, and physical well-being.

Consequently, you will navigate life's challenges with serenity and clarity. By consistently applying these techniques, **you will unlock your true inner potential and experience a profound transformation in all aspects of life.** Embracing the journey of chakra control is a life-altering decision and a gateway to a fulfilling existence.

Your Next Step

Congratulations on taking the first step toward mastering chakra control! Now that you have the foundational knowledge and skills from this book, it's time to take your practice to the next level.

Book Your Free Discovery Call

The next step on your journey is to book a free discovery call with me. This call is designed to:

- **Assess Your Current State:** We'll discuss where you are in your chakra control journey and identify any blockages or challenges you might be facing.
- **Personalized Guidance:** Receive tailored advice and insights specific to your needs, ensuring that your practice is as effective and beneficial as possible.
- **Introduction to the Experience Deliverance Program:** Learn about the comprehensive program designed to help you purge, close, and seal your chakras, providing deeper healing and balance.

Why Book a Discovery Call?

Clarity: Gain a clearer understanding of your chakra health and the next steps needed for improvement.

Expert Advice: Benefit from professional guidance that can accelerate your progress and ensure you're on the right path.

Customized Plan: Discover how the Experience Deliverance Program can be tailored to fit your unique situation and goals.

What Can I Get from the Experience Deliverance Program?

Deep Healing: Experience thorough purging of negative energies and blockages, promoting emotional and physical well-being.

Enhanced Balance: Achieve better alignment and harmony among your chakras, leading to increased energy flow and vitality.

Lasting Protection: Learn how to effectively close and seal your chakras, providing long-term protection against negative influences and evil spirits.

[Click Here to Book Your Free Discovery Call Now](#)

By taking this action, you're committing to a deeper, more transformative journey into chakra control. I look forward to helping you achieve your goals and experience the full benefits of a balanced and purified chakra system.

Testimonials

Don't just take my word for it – here's what others have experienced through the Experience Deliverance Program:

Olivia Mukasa, UK

“I would like to give a testimony of what God has done for me through the ministry of Apostle Anthony Langmartey. Last week I was going through very painful sorcery attacks I could not sleep in the night because the attacks were relentless. Someone was inserting something like a pin into my heart through the heart chakra. My 7 chakras had been opened through sin and attacks. Because the chakras were open sometimes, I could hear demons entering my body. Apostle Anthony prayed for me and the attacks stopped. I am now able to sleep through the night. During the prayer, the Apostle led me through the prayer to close my heart chakra. I was advised to read the book – How to Close and Seal Your Chakras. I followed the step-by-step guidance on how to close and seal the chakras and was able to close the other chakras. If you are out there and are undergoing attacks don't suffer in silence, please, contact Apostle Anthony Langmartey for deliverance.”

Edward Anderson, U.S.A.

“The guidance I received was life-changing. My energy levels have never been higher, and I feel more balanced than ever.”

Regina Cruz, France

“This program helped me understand and heal my chakras in ways I never thought possible. Highly recommend!”

[Click Here to Book Your Free Discovery Call Now](#)

Embark on this transformative journey today and unlock the full potential of your chakra system!

Connect with the Author

For help, fellowship, prayers, and deliverance, feel free to contact me:

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Email: langmartey@gmail.com

Website: <https://www.thespiritandtruth.com>



Visit my website for more articles on these subject and other relevant topics.

Follow me: <https://www.facebook.com/thespiritandthetruth>

For Info on Over the Phone Deliverance Prayer Session, visit:

<https://www.thespiritandtruth.com/work-with-the-deliverance-minister/>

About the Author

Anthony Langmartey was educated at Central University College, Ghana. He is a deliverance minister, evangelist, author, counselor, public speaker, and entrepreneur. Widely known for his work in resolving personal and spiritual conflicts, Anthony Langmartey maintains brisk counseling, consulting, and speaking schedule. Anthony Langmartey also conducts seminars on leadership, marriage, religion, wealth, personal development, entrepreneurship, and personal and spiritual identity.

The Easiest Way to Review My Books and Why You Should

Why You Should Review This Book

Before showing you the easiest way to review this book, let me first tell you why it is important to review this book you have just read and other books of mine.

The following are the most essential reasons why you should review my books:

1. You were made for a mission

God is at work in this world and wants you to join him. You are a co-worker of God. The Bible says, “*We then, as workers together with Him also plead with you not to receive the grace of God in vain*” (2 Corinthians 6:1). This assignment is called your mission. God wants you to have both a ministry in the Body of Yahshua and a mission in the world. Your *ministry* is your service to *believers*, and your mission is your service to *unbelievers*. Fulfilling your mission in the world is God’s purpose for your life.

Your life mission is both *shared* and *specific*. One part of it is a responsibility you share with every other godly person or unbeliever, and the other part is an assignment that is unique to you.

What is your mission? Your mission is to introduce people to God so they can gain freedom and happiness in life! God wants to redeem human beings from Satan and reconcile them to Himself so we can fulfill the five purposes he created us for: to love him, to be a part of his family, to become like him, to serve him, and to tell others about him. Once we are his, God uses us to reach others. He saves us and then sends us out. The Bible says, “*We have been sent to speak for Christ [the Messiah]*” (2 Corinthians 5:20; NCV). We are the messengers of God’s love and purposes to the world.

So, reviewing this book and other books of mine is a fulfillment of the purpose God created you for to tell others about him and set the captive free. Your positive review will help others in the following ways:

- ✓ **To trust the book and purchase it to find the truth and/or solutions to their problems.**

- ✓ **To shortcut research and make decisions faster with greater confidence than ever before.**

2. The privilege of transforming other lives

Sharing your experience and recovery with others is your greatest service to believers and unbelievers. It inspires the broken-hearted, strengthens the weak, and gives hope to the hopeless.

If others can gain freedom from the attacks of demonic spirits and retain a demon-free state in life, it is because of your positive review that inspired them. In so doing, you are at work with God in this world, fulfilling God's purpose for making you.

The Steps to Review My Books

Step 1: Head over to your retailer, the store from which you bought the book.

Step 2: Look for the book and go to the "Customer Reviews" section.

Click on the "Write a customer review" button.

Step 3: Leave a Review and Star Rating.

Write your review and click the "Submit" button to complete it.

Appendix

Why Do You Use the Names “Yahveh” and “Yahshua” In This Book, Instead of Jehovah and Jesus?

I know some of my readers will love to know why I don't use the popular name of the Creator and the Savior in my books. So, I would like to explain it here and reveal the truth to you. The Bible says, *“And you shall know the truth, and the truth shall make you free”* (John 8:32)

In this book, you came across the names “Yahveh” and “Yahshua,” and since many people do not know these names, I would like to explain the meaning of these names.

Satan and all demons fear only two powerful names. Surprisingly, such two powerful names are not Jehovah and Jesus Christ as you have been made to believe. The Bible says, *“Who has ascended into heaven, or descended? Who has gathered the wind in His fists? Who has bound the waters in a garment? Who has established all the ends of the earth? What is His name, and what is His Son's name, if you know?”* (Proverbs 30:4)

The creator of heaven and earth has revealed His true name and the true name of His Son to me, and I have delivered a lot of people from spiritual marriage and demonic forces through these two powerful names. You will witness the power in these two powerful names whenever you continually pray with these names. If you pronounce these great names consistently in your prayers and then command the demonic spirits to leave, they will surrender to the power of these two great names and flee away.

I have so many testimonies from victims who have become free from evil spirits which have held them down for so many years through the use of the true sacred name of God and that of his son, the Messiah.

Note: The name that the Archangel Gabriel brought to Mary to be given to the Son of God was not “Jesus.” The Bible says, *“Nor is there salvation in any other, for there is no other name under heaven given among men by which we must be saved”* (Acts 4:12), apart from the name Yahshua. If you want to get total deliverance and freedom from these demonic spirits, then learn to use the power of these two names to command the demons to leave you, and they will.

What Is the True and Powerful Name of the Creator?

The True Sacred Name of the Creator is not Jehovah. God and the Lord are titles that the Creator bears; they are not the real powerful name of the Creator that demons tremble at. The true sacred and powerful name of the Creator of heaven and earth is **“Yahveh”** (YHVH — Yod Hey Vav Hey). Read Genesis 22:14, Exodus 6:2, 3; 17:1, and Psalm 83:18. Note that “Yahweh” is a close pronunciation to the true name “Yahveh,” but it is inaccurate. It is because there is no ‘w’ sound in the Hebrew language. **Avah** is the true name of the Creator. **Yahveh** is a Hebrew word, and the Hebrew language is also a heavenly language. **Avah** means “Father,” and **Yahveh** means “I will be who I will be.”

According to the Book of Jewish Knowledge Encyclopedia, by Nathan Ausubel, “There is more than a tinge of irony for Jews in the thought that the first Biblical scholar to make the discovery that the Pentateuch was the composite product of at least two different documents was a French Roman Catholic, Jean Astruc (1684 – 1766), who thereby became the founder of modern Biblical criticism. He had arrived at his hypothesis in an interesting way. Nonplused by the obviously unnecessary repetitions and confusing chronology in the narrative portions of the Book of Genesis, he was even more puzzled to designate God. One was the ineffable Name. YHVH, which is pronounced “Yahveh” (in 1518 it was written for the first time as “Jehovah” by Peter Gallatin, the confessor of Pope Leo X). The other was the odd plural rendering Elohim (singular: El) — for God. From the appearance in the text of these two different names, Astruc deduced that there had been effected a fusion of two separate Scriptural documents in Genesis, most probably by Ezra the Scribe. Wherever the name Elohim appeared, Astruc ascribed the passage in which it was set to the documents that he named “Elohists,” and the passages in which YHVH occurred he attributed to the “Yahvist” version”

What Is the True and Powerful Name of the Savior?

In the same way, Jesus Christ is not the true name of the son of Yahveh, so are the names “Yesu,” “Isous,” and “Yeshua.” Yesu is a Latin word, Isous is a Greek word, and Yeshua is an Aramaic word. **Yahshua HaMashiach** [translation: **Yahshua the Messiah**] is the only true sacred, and powerful name of the son of Yahveh, which demons fear and tremble at. **Yahshua** is a Hebrew name given to the Messiah by Yahveh through the Archangel

Gabriel. Yahshua means “*Yahveh saves, or Yahveh is our savior;*” and Mashiach (*Translation: Messiah*) means “*The Anointed One.*”

The meaning of Amein

– *Amein is a Hebrew word that means “so be it, truth and certainty.”*

The meaning of HaMashiach

– *Ha is a Hebrew word that means “the.”*

– *Mashiach is a Hebrew word that means “anointed.”*

So HaMashiach means “The Anointed.”

Why You Shouldn’t Pronounce the Word “Amen” In or After Your Prayers

Don’t say “Amen,” for it is an inappropriate word. Amen is the name of an Egyptian god inserted into the Bible during its translation. Amen — a primeval Egyptian personification of air and breath; worshipped especially at Thebes. **Amein** is the right word in the original Hebrew Bible, which means so be it or let it be so, truth, and certainty. The Bible says, “*And in all that I have said to you, be circumspect and make no mention of the name of other gods, nor let it be heard from your mouth.*” (Exodus 23:13, see also Hosea 2:16, 17). Source: <http://www.touregypt.net/amen.htm>

Glossary

White lotus: An aquatic perennial plant native to eastern Asia; widely cultivated for its large pink or white flowers.

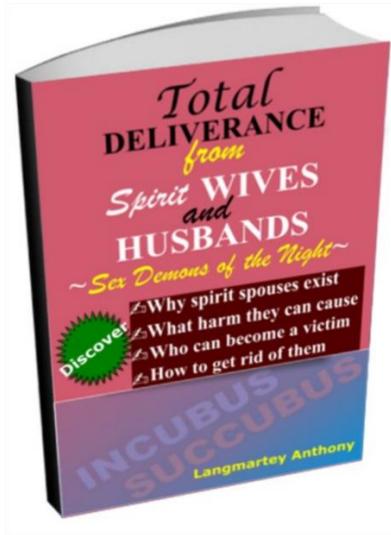
Prana: Prana comes from Sanskrit. It means breath, and is considered the life-giving force, the universal energy that flows within and among us, connecting us with all other living beings. We are immersed in prana, it flows around us and through us like currents in a river.

Chakra: Chakra is the Sanskrit word for “wheel.” Chakras are spinning wheels of energy, or energy centers in the body, in this traditional model. They’re a complex energy system first discovered between 1500 and 500 B.C. This system is mentioned in the Vedas, an ancient Hindu text of spiritual knowledge.

Other Books by the Author

#1

Total Deliverance from Spirit Wives and Husbands: Sex Demons of the Night



Are you suffering from a spirit wife or husband?

Are you oppressed by an incubus, succubus, or sexual marine spirit?

Have you tried all means to get rid of these sex demons of the night but have failed several times?

Do you sometimes feel it is no more in your life and then suddenly it appears again?

Do you want to end your life because you are a victim of a spirit spouse?

Are you struggling in silence due to the shame of letting others know that you are a victim to a sex demon?

Are you afraid of rejection and judgment associated with issues of a sexual nature?

Are you disoriented about your direction from getting your life back from the menace of a spirit spouse?

Are decisions tough to make and steps hard to take?

If your answer yes to any or all of the questions, then order a copy of this book now! And let God use the pages of this book to place your feet firmly on the right path.

You may be experiencing the following:

1. Constant sex in your dreams (wet dreams).
2. Breastfeeding in a dream and even seeing breast-secreting milk physically.
3. Miscarriages after sex in a dream.
4. Loss of job and valuables before or just after the marriage ceremony.
5. Inability to conceive.
6. Your loving human spouse has suddenly become your enemy.
7. Unjustified arguments and misunderstandings between you and whomever you are dating or married to.

In this book, you will learn about:

1. The ***entry points or gateways*** of Spirit Wives and Husbands and the ***effects*** they can have on you and your marriage.
2. The ***secret keys or steps to get rid of*** spirit wives and husbands or spiritual marriage.
3. The True powerful, and sacred name of the Creator and that of His Son. ***The pronouncing of this truly powerful name of the Creator and His Son could set you free. Note that these names are not the common names you know.***
4. The proven written-down prayers containing the true powerful name of God and His Son ***to get total deliverance from sex demons of the night.***
5. The powerful Psalms to ***pray with to be set free from the menace, attacks, and manipulations of sex demons of the night.*** Experience the power of Angelic Prayers (Psalms).

You'll discover:

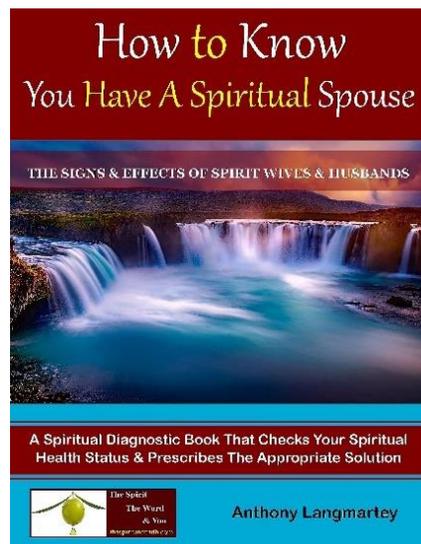
1. *Why spirit spouses exist.*
2. *The harm they can cause.*
3. *Who can become a victim.*
4. *How to get rid of demons.*

You would no more be locked behind walls of shame when you buy this book.

Visit this link <https://deliverance.thespiritandtruth.com/total-deliverance-from-spirit-spouse> to grab your copy and discover how you can get rid of the spiritual spouse in your life.

#2

How to Know You Have A Spiritual Spouse: The Signs & Effects of Spirit Wives & Husbands



Before getting to know how to be delivered from or getting rid of spirit wives and husbands, **you first have to know more about these spirits and must understand why they are here in the first place.**

When you know what you are up against, it becomes easier to fight back and of course, win the battle.

Research and statistical findings show that **7 out of 10 men and women who admit to being born again are involved, consciously or unconsciously, in spiritual marriage.**

At times, the people involved in such spiritual sexual encounters and relationships or marriages are not even aware they have a spiritual spouse who is typically so envious and spoils things for the actual human spouse.

If you really want to know if you have a spiritual spouse, and also the harm they can cause you, then order this book now!

This book will:

- ✓ *Throw more light on the struggle behind the scenes.*
- ✓ *Let you know if you have a spiritual spouse or not*
- ✓ *Unveil the effects or harm these sex demons of the night can bring to their victims.*
- ✓ *Indicate the signs of incubus and succubus presence in your life.*
- ✓ *Show you how to get total deliverance from a spirit spouse.*

Remember that knowledge is power. The secret key to overcome your enemy is knowing your enemy and their deceptive devices.

It is only then that you will be granted the wisdom to overcome your enemy.

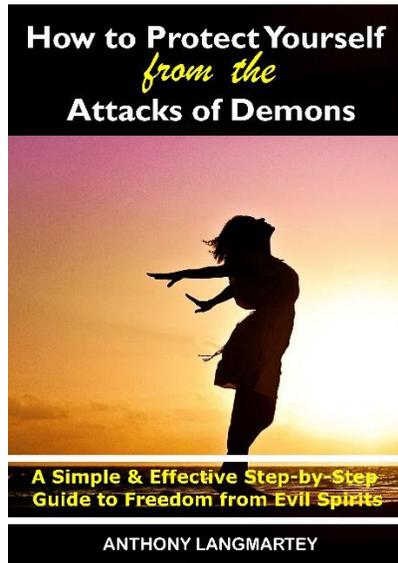
Grab a copy of this book and discover the signs, effects, manipulations and the secret deceptive devices of a spiritual spouse.

Visit this link <https://books2read.com/u/3LKAwN> to grab your copy now.

#3

How to Protect Yourself from the Attacks of Demons

A Simple and Effective Step-by-Step Guide to Freedom from Evil Spirits



In this world today, **many spiritual entities are searching for an energy source to attach to for nourishment.**

If you don't protect yourself, you could unknowingly pick up entities and demons that get sucked into your aura and drain you, making you feel tired, unmotivated, depressed, and exhausted.

If your aura is weak or not protected, **it's easier for these evil spirits to lock into you and possibly cause negative influences in your life.**

In this book, you'll learn:

1. **The right way to cast out demons from your life.** This method of casting out demons from your life is simple to implement and will leave you in a demon-free state.

2. **How to get rid of demons from your home or office.** If demons have portals in your home or office and have been harassing your life, you are about to know how to close these portals to deny demons access to your home or office.

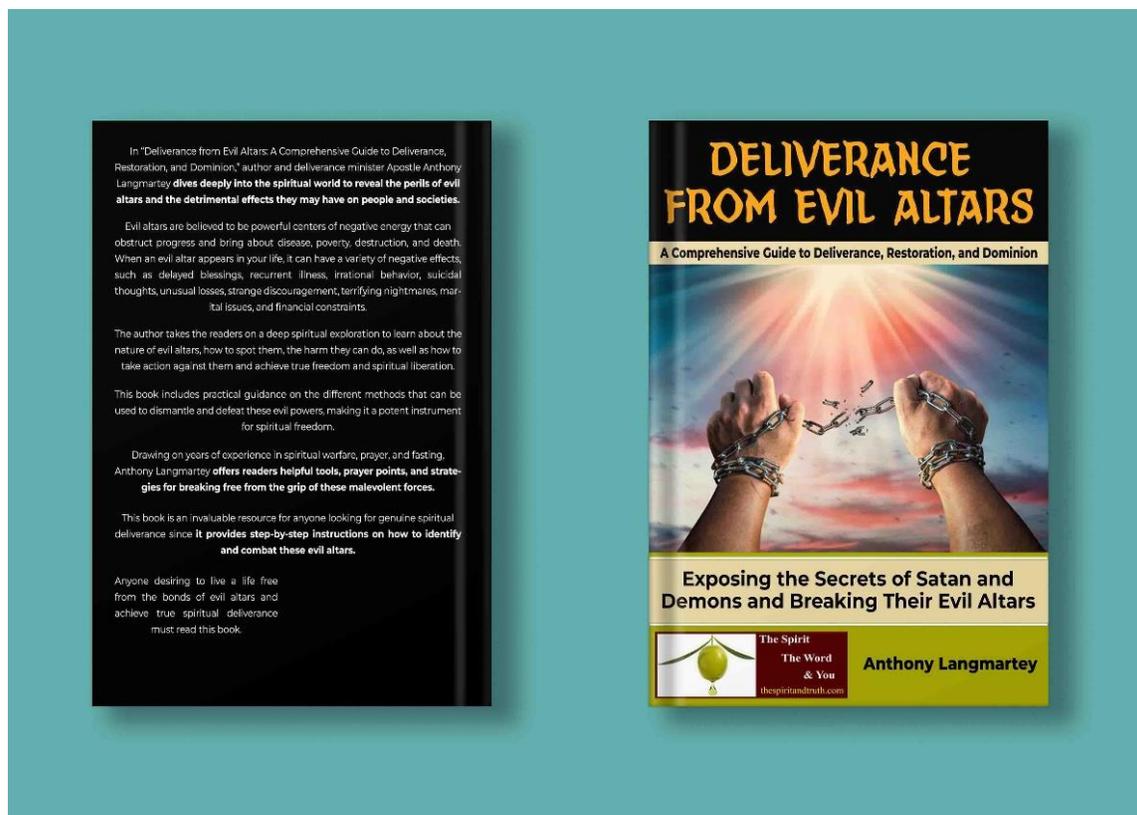
3. **The 5 proven ways to protect yourself from the attacks and manipulations of demons.** I have laid down the most effective things you can do to protect yourself from demonic attacks and manipulations.

And there are many things you'll discover in this book that will help you achieve the highest form of spiritual protection.

Visit this link <https://books2read.com/u/bQyyAw> to grab your copy and discover how you can protect yourself from the attacks and manipulations of Satan and demons.

#4

Deliverance from Evil Altars: A Comprehensive Guide to Deliverance, Restoration, and Dominion



In “Deliverance from Evil Altars: A Comprehensive Guide to Deliverance, Restoration, and Dominion,” author and deliverance minister Apostle Anthony Langmartey **dives deeply into the spiritual world to reveal the perils of evil altars and the detrimental effects they may have on people and societies.**

Evil altars are believed to be powerful centers of negative energy that can obstruct progress and bring about disease, poverty, destruction, and death. When an evil altar appears in your life, it can have a variety of negative effects, such as delayed blessings, recurrent illness, irrational behavior, suicidal thoughts, unusual losses, strange discouragement, terrifying nightmares, marital issues, and financial constraints.

The author takes the readers on a deep spiritual exploration to learn about the nature of evil altars, how to spot them, the harm they can do, as well as how to take action against them and achieve true freedom and spiritual liberation.

This book includes practical guidance on the different methods that can be used to dismantle and defeat these evil powers, making it a potent instrument for spiritual freedom.

Drawing on years of experience in spiritual warfare, prayer, and fasting, Anthony Langmartey **offers readers helpful tools, prayer points, and strategies for breaking free from the grip of these malevolent forces.**

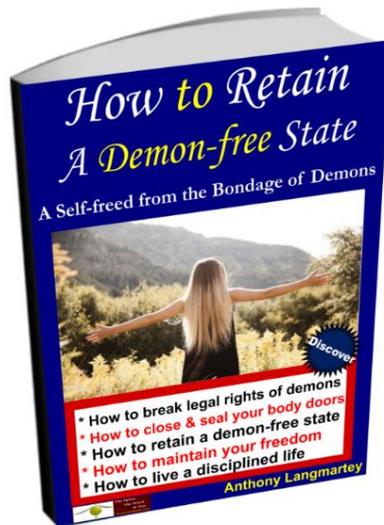
This book is an invaluable resource for anyone looking for genuine spiritual deliverance since **it provides step-by-step instructions on how to identify and combat these evil altars.**

Anyone desiring to live a life free from the bonds of evil altars and achieve true spiritual deliverance must read this book.

Visit this link <https://books2read.com/u/38Wn9L> to grab your copy and learn how to get deliverance from evil altars.

#5

How to Retain A Demon-free State: A Self-freed from the Bondage of Demons



Are you in the **bondage** of demons?

Are you suffering from the attacks of demonic spirits?

Are you **possessed** by demons, incubus or succubus spirits, perverse spirits, or sexual marine spirits?

Have you been **hearing voices** in your head?

Have you been having dreams of seeing someone or a spirit having sexual intercourse with you?

Do you want to end your life because you are possessed by demons?

Are you disoriented about your direction from getting your life back from the attacks of Satan and his minions?

Have you tried all means to be set free from the torment of demonic spirits but have failed several times?

Do you really want to **gain freedom from spiritual bondage**?

Do you want to know how to **break your covenant and soul ties with demons**?

Do you want to **retain a demon-free state forever**?

Do you want to **get rid of the demons harassing you**?

If your answer yes to any or all of the questions, then grab a copy of this book now! And let God use the pages of this book to set you free, and you shall be free indeed.

In this book, you will find out:

1. How to **break the** legal rights and permissions of demons.
2. How to **close** and **seal** your body doors or chakras.
3. The most powerful **course of action** to **retain a demon-free state**.
4. How to **maintain** your freedom
5. How to **live** a disciplined life.
6. How to **break** demonic soul ties and covenants.
7. How to be **free** from the bondage of demons.

Make sure you are *not missing* the *point* of your life.

It's *time* to retain a demon-free state! God *wants* you to be *free*!

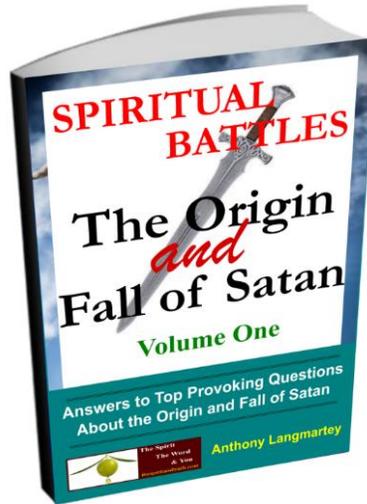
You have a choice — **A choice of freedom from demonic spirits**. Make that choice now!

You will no longer be a *slave* to demons when you read this book and apply the methods.

Visit this link <https://books2read.com/u/bwqzrv> to grab your copy and learn how to retain a demon-free state.

#6

Spiritual Battles (Volume One): The Origin and Fall of Satan



There is spiritual warfare ongoing that everyone is part of. Consciously or unconsciously, everyone is involved in this spiritual warfare.

You have to win this spiritual battle going on in your life. Satan is our antagonist since the creation of humankind.

Therefore, before getting to know how to win your spiritual battles over Satan, you first have to know more about Satan and must understand why he is here in the first place.

The study of “the origin and fall of Satan” is a fascinating yet challenging topic in biblical literature. There is much to be learned from a survey of this theme.

There have been myths about Lucifer/Satan, which you have to be aware of. This book reveals the truth concerning those myths about Lucifer/Satan.

Do you know the actual date on which Satan and his angels were cast out of heaven? Others will say the Bible did not provide one. But that’s not true. I have taken a critical look at the Bible and have found out the actual date on which Satan and his angels were cast out of heaven to this earth. This, I have revealed in this book.

Satan is already a fallen angel. Is there still a final fall of Satan? You will find out yourself when you grab a copy of the book.

The book discusses the origin and fall of Satan.

In the *Origin and Fall of Satan*, you will discover the answers to many captivating questions, such as:

- On which date was Satan and his angels cast out of heaven?
- Did sin begin with Adam or Satan?
- Why would God allow evil to continue to exist?
- Why was Satan cast out of heaven?
- When did Satan fell from the truth?

Where can you find the answers to such thought-provoking and spiritual questions that have been asked so many times over and over again?

Wisely consider the biblical response given in this book since it is the only completely reliable foundation for information about Satan.

Beloved, my advice to you is to reject any unqualified information drawn from sources outside the Bible, such as the current ideas, traditions, and cultures of the world.

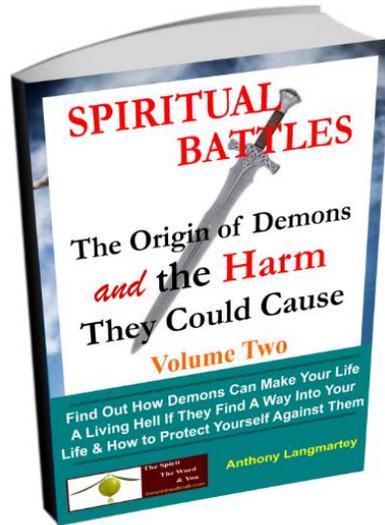
Do not rely on the teachings of men rather on the teachings of the Holy Spirit.

This book contains sound answers found in the Bible to your questions concerning the origin and fall of Satan.

Visit this link <https://books2read.com/u/mdLvOR> to grab your copy.

#7

Spiritual Battles (Volume Two): The Origin of Demons and the Harm They Could Cause



DO YOU WANT TO KNOW MORE ABOUT HOW DEMONS OPERATE? THIS IS A POWERFUL TEACHING BOOK ON THE SUBJECT.

Are you SURE you know who or what demons are? Are they real, or do they exist at all?

Have you been involved in “spiritual warfare,” where the more you focus on demons, the more warfare you get?

You are not alone; I, too, have been through all kinds of “spiritual warfare” over the years.

From extensive study, personal experience, and insight into this subject, I want to share with you the knowledge about these spiritual beings.

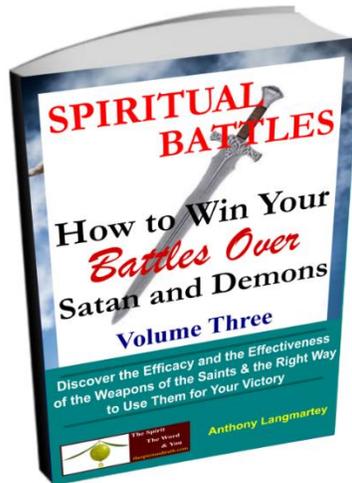
In this book, you’ll learn:

1. Whether demons are real or not
2. The true origin of demons
3. How demons can haunt you and make life a living hell for you.
4. How to protect yourself from demons

Visit this link <https://books2read.com/u/4Xa9r5> to grab your copy now.

#8

Spiritual Battles (Volume Three): How to Win Your Battles Over Satan and Demons



Beloved, we are in a world of spiritual warfare, and our very lives are at war. Are you winning or losing? The truth is that many people are losing more battles than they are supposed to win. Many losers are enduring it because they don't recognize the enemy when they see it. Moreover, many people have no idea how to respond.

Your antagonist is not the problems you see, such as frustrations, depression, dysfunctionalities, a broken marriage, addiction, diseases, illness, or financial troubles, just to mention a few. These are just the symptoms, not your enemies. Your battle is against your true enemies: Satan and his followers (demons, spirit wives and husbands, perverse spirits, marine spirits, sorcerers, witches, wizards, etc.).

Nevertheless, Satan and demons are not afraid of a mere human like you, so how are you supposed to fight? More importantly, how are you supposed to win?

While society and men of God tell us we can simply react, the truth of the matter is that a common wish, hope, and prayer aren't the best responses to attack our enemies. You have to be strategic and tactical in your reactions to your enemies.

Learning to fight biblically and effectively is the key to winning the battle over your enemies.

In the *Spiritual Battles Volume 3: How to Win Your Battles Over Satan and Demons*, you will discover:

1. The devices or weapons of Satan and demons.
2. Why do Satan and Demons hate us.
3. When did our war begin with Satan?
4. The two most powerful weapons that were used to cast Satan and his angels out of heaven.
5. The Three Levels of Spiritual Power.
6. The weapons that are capable of destroying the great leviathan, Satan.
7. The efficacy and effectiveness of the weapons of the Saints.
8. Powerful Words to Battle Satan and all Demons to victory.

There is a powerful enemy out there to destroy you. You are on the battlefield, so you can't escape the war.

This spiritual war has crucial consequences in your everyday life, and its outcome will depend on whether you win or lose the war.

Satan and demons are not just mere human beings that can be whipped with just a mere cane. To engage Satan and Demons, you need guidelines to win your battles over them.

This book provides the guidelines to win your battles over Satan and demons. This book will prepare you for the battle.

Spiritual Battles are best fought with the right weapons, and as a result, courage replaces fear, and victory takes the place of failure.

The Holy Scripture says, "*Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses*" (1 Timothy 6:12).

Visit this link <https://books2read.com/u/bQaBzy> to grab your copy and discover how you can win your battle over Satan and demons.

###